

Sunday Readings

July 4 Independence Day

Deuteronomy 10:17-21

Psalms 145 or 145:1-9

Hebrews 11:8-16

Matthew 5:43-48

July 5 Pentecost 5 Proper 9

Ezekiel 2:1-7

Psalms 123

2 Corinthians 12:2-10

Mark 6:1-6

July 12 Pentecost 6 Proper 10

2 Samuel 6:1-5, 12b-19 or Amos 7:7-15

Psalms 24 or 85:8-13

Ephesians 1:3-14

Mark 6:14-29

July 19 St James Day

Jeremiah 45:1-5

Psalms 7:1-10

Acts 11:27— 12:3

Matthew 20:20-28

July 26 Pentecost 8 Proper 12

2 Samuel 11:1-15 or 2 Kings 4:42-44

14 or 145:10-19

Ephesians 3:14-21

John 6:1-21

Sunday Worship Schedule

7:30 am Traditional Eucharist

8:45 am Childcare, 2nd floor

9 am Bible Study; Adult Forum

10 am Choral Eucharist,
Child & Youth Programs

Noon Worship Schedule

**Healing Eucharist every
Wednesday**

Friday Requiem Eucharist
is the last Friday of each month

Monday Evening Prayer

5:30 pm In the Chapel

St. James Day & A Major Ministry

*by Alice Mitchell, Chair of the St. James Health Ministry Fund
and Randal Gardner, Rector*

The day we remember our patron saint, James (the brother of John), we also remember an important ministry put in place by our early benefactors and founders. The St. James Health Ministry Fund was begun by several early donors, including Ellen Browning Scripps, who were committed to connecting the church to care for the sick.

The St. James Health Ministry is of the 'throw the starfish back into the sea' variety. You know the story: one beach walker asks another why he bothers to throw one of the thousands of washed-up starfish back into the ocean and life? There are so many, and the thrower can only address one creature at a time. "Because," says the thrower, "for that one starfish, it makes all the difference in the world."


St. James Health Ministry Fund generates up to \$35,000 a year, and our work is to spread that around to as many of the persons in need of medical care as we can. So much need, such high costs, so little money. But to every 'starfish' we make all the difference. It is Christian duty of the most basic kind: one-to-one, involved, thoughtful, discrete, and daunting. We provide dental care, psychiatric care, physical therapy, home care, prescriptions, and access. Our work is at a nexus of two of Ellen Browning Scripps' major charitable occupations: this church and medical care. We don't know what this noble founder of Scripps Memorial Hospital and benefactor of St. James by-the-Sea Church would think of our efforts to alleviate suffering with a thoughtful application of small grants from a carefully nurtured purse, but we like to imagine that she would be proud of us.

Our own patron saint, James, was a healer himself; and so on his day (July 19 this year) we extend to all our members and friends the invitation and request to be part of this ministry. There are three good ways to do this. First, talk to our committee members. Second, keep the Fund in mind when you learn of a friend or neighbor who is putting off medical care because of the cost. We may be able to help. Third, give generously to the Fund itself.

While we began with gifts that were generous for their day, there is no way that the value of the Fund has been able to keep pace with the rapid rise in the cost of medical care and procedures. Having additional gifts each year at St. James Day helps. So, too, will be putting the St. James Health Ministry Fund in your will or enduring gift plans.

This is a great and important ministry of our church. The funds we hold in trust we use carefully and lovingly, offering access to healing as part of our faithful service in the name of Christ.

Thank you for your time and care; and thank you for supporting this life giving health care outreach ministry of our church.

St. James Health Ministries Committee members: The Rev. Randal Gardner, Alice Mitchell, Monica Buchanan Starkey, Judy Ray, Joan Bivin, Louise Hill, Phillip Roeder, Max Webb. 

Church and the World

By Eleanor Ellsworth, Sr. Associate Rector

Spiritual Exploration through Poetry: A Summer Offering

It is not often that we have an opportunity to set aside a few hours for personal spiritual discernment. Summer-time is a wonderful time to do that.

I asked my friend, Jennie Linthorst to lead us into a time of personal spirituality, using the vehicle of poetry. Jennie is a published poet and a dear person. She grew up in Knoxville, Tennessee, where I have known her for years, and had the privilege of marrying to a California man about eight years ago!




Jennie will read poetry and guide us in the writing of personal poetry. She has a BA, and is a Certified Applied Poetry Facilitator, and makes a difference in the lives of those whom she serves. She is offering a series of workshops to be held at St. James, beginning Wednesday, July 15, continuing for the next three weeks, concluding August 5th. Each is a separate module, so one can elect to participate in one or some or all.

I commend this chance to be in a small group and learn new ways of expressing our sense of self and spirituality. Our personal histories and relationships are core to this experience. For those free in the day-time hours, this opportunity just might be the special summer experience you seek.

We will meet in the Van Schaick Room for three hours, including lunch. If you have any questions, please see me soon. The cost is \$40 a session. *If cost is an obstacle, do see me so that cost is not the reason you do not avail yourself of this unique spiritual gathering.* 10:00 to 1:00 July 15, July 22, July 29 and August 5.

This is geared to women and girls...but if men want to have such an opportunity, I am sure we can make that happen! Blessings this summertime,

Eleanor+

P.S. *Some of you expressed disappointment that you cannot attend at this time, but want to do so very much. Please email me or call me if this is the case for you, and perhaps we can schedule a second experience at another time. Jennie lives in Manhattan Beach, and has a full schedule. We are fortunate to have her this July-August timeframe!* 

Youth Notes

By Chris Bernard, Pastor for Youth & Families

Episcopal Night at Petco Stadium

On Friday, July 31 at 7:05 pm, the Padres will take on the Milwaukee Brewers at Petco Park and we will be there cheering them on. We were able to secure another great deal on tickets: \$27 for the Toyota Terrace seats (gate price: \$50) and \$9 for the Upper Reserved seats (gate price: \$15). Come and enjoy this diocesan-wide event—bring friends and family. Please contact Chris Bernard at 858.459.3421 x 120 to your buy tickets.

July Calendar

- July 4:** Independence Day
- July 8-17:** General Convention
- July 19:** St. James Day Eco-Celebration
- July 26:** Ultimate Frisbee in the Park from 12 to 2 pm
- July 31:** Episcopal Night at Petco Park, RSVP for \$9 tickets! 858.459.3421 x 120

Upcoming August Events!

- August 29:** St. James Hall Lock-In—Broomball, Pizza, & other extreme games!
- TBA:** Carwash!

After the Seven Last Words of Christ


Poetry & Divinity 3 pm, August 16th.

Mark Strand, honored as a Poet Laureate in 1990, wrote an enduring poem entitled *After the Seven Last Words of Christ* to accompany Haydn's revered *The Seven Words of Christ*. Fred Dings, in his review of Strands' *Man and Camel*, wrote "The gravitas of this poem surpasses any other poem that Mark Strand has written."

Haydn's work will be performed at **SummerFest on Sunday, August 16 at 3 pm**, across from St. James at the Sherwood Auditorium, in the Museum of Contemporary Art. The renowned Miró Quartet will perform the Hayden composition, and Sr. Assoc. Rector, The Rev. Eleanor Ellsworth, will narrate the poem by Strand.

"I am thrilled and honored to join the Miró Quartet to perform one of the world's greatest pieces of music. Mark Strand's text is inspiring," said The Rev. Mrs. Ellsworth. "This offering is a boom to our spiritual life and I hope people from St. James will share in this experience."

The Miró Quartet performs *Seven Last Words of Christ* and Respighi's *II Tramonto*, with Sasha Cook, mezzo-soprano, and Gunther Schullers' *Horn Quintet*, a West Coast Premiere.

The prelude to the concert begins at 2 pm, concert at 3. Contact La Jolla Music Society for tickets (*Poetry & Divinity*) at 858 459 5973 or www.ljms.org. See Eleanor Ellsworth+ for group ticket discounts (Minimum 10 persons.) 



Daughters of the King

By Pat Franco

Chirping birds, gentle breezes, and breathtaking sunsets inform us that summer has indeed arrived. It is that time of year when that small voice within urges us to enjoy the God-given gifts surrounding us. Our tempo embraces a slower pace, allowing special time with family, friends, and most of all, ourselves.

Though Daughters of the King does not meet during the summer, our ministry of prayer doesn't stop and we welcome your requests. All of us consider it a special privilege to stand with you in prayer.

Our chapter has been greatly blessed by the addition of three new members. We welcome *Dr. Cathy Canada, Susan Guzzetta and Mary Lou Orphey.*

In July, some of us will be attending *Triennial*, a convention that takes place every 3 years prior to the General Episcopal convention. We will be praying for the Lord's leading for the General convention.

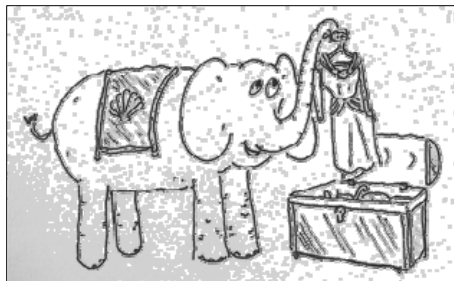
Our small quilting ministry will have a mini-retreat in San Clemente from the 22-24th. The Quilting ministry will not meet this summer, but we do have completed quilts for anyone who would be comforted by receiving one.

Until the fall,
Blessings.

**St. James Day—July 19th
is a Sunday for Baptism**

**The Baptism Preparation Class
is scheduled for
6 to 7:30 pm, Monday, July 13**

Join Fr. Gardner for a 1-evening preparation class, designed for people with busy schedules. Let us know if you are interested by calling the office at 858 459-3421.



WOW!

What a response to September's 77th Elephant Sale!

"Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands".

Old joke, author unknown

Thanks for your donations...but don't stop yet ! If your friends and co-workers are clearing things out or downsizing, ask if we could have their donations. Remember, it takes many quality donated items to have a successful sale to fund the outreach programs at St James.

We are looking for antiques and collectibles, artwork and decor items, better clothing and shoes, nice linens, jewelry (costume as well as 'real'), books (but not textbooks or encyclopedias), CDs. DVDs.

We need furniture also, but hope you can hold on to those items until we move into the Hall in September. Call and tell us what you have, so we can plan for it.

Be sure to pick up a *tax receipt* when you bring your - or your friends' items to us. Our Donations Center is located behind St James Hall down the alley off Silverado. We are open on Sundays between the services and can meet you other times by appointment.

You can also help with publicity if you would pick up a flyer and put it in your car window so it shows while you are parked or driving. This simple act can give us free publicity all over the city as you go about your daily routines. And tell your friends about the sale - word of mouth publicity is the best kind. Remember, it takes your help to make our Sale successful.

The Sale dates are September 18, 19 & 20.

- **Friday the 18th is First Choice Night**—5:30 -7:30 \$10 advance admission, \$15 at the door, 20% added to prices, complimentary wine & cheese.
- **Saturday the 19th** is the **main sale** from 9 am - 3 pm with the Holy Smoke grill open from 11am until the food runs out.
- **Sunday the 20th is Half-Price Afternoon** from 12 noon to 3 pm

*For more information call or email Nan—858-549-2322,
nan.giraffe@gmail.com or Lyn 858-246-6237, lgansc@yahoo.com*

Go to stjamesbythesea.org for items on sale now!

The Women's Dinner Group & Lunch Bunch are on Summer Hiatus

They will be back in the fall with a great line-up of speakers and programs. We'll let you know through The Sea Breeze each Sunday, The Chimes, and the weekly E-News.

E-NEWS

If you haven't signed up for our E-News, take a minute and go to the website and click the link to sign up.



A Convention Summer

by Randal Gardner

The Episcopal Church's General Convention meets once every three years, and this year it is meeting in our own back yard – Anaheim. *Our General Convention is the third largest convention that meets in the United States.* The Democrats and Republicans are the two biggest convention holders, and then it is the Episcopal Church.

Thousands of Episcopalians will descend upon Anaheim in the second week of July. In the course of two weeks there will be about 200 luncheons, 400 cocktail parties, 50 receptions, and thousands of hearings. Deputies will be asked to consider about 800 pages worth of legislation and resolutions, and 50 hours of time in “congress” as the legislative and active decision making body of the church. In addition to all the meeting time, the convention is surrounded by information, recruitment, and merchandise booths that make the gathering into a truly global bazaar. And in the midst of every day, at about noon, there will be a Eucharist for all to share.

Bishop William White was a delegate to the Constitutional Convention of 1789, when our nation's fundamental foundation was laid. The Episcopal Church was holding one of its early conventions shortly thereafter, and White carried the new US Constitution to the church's gathering and said (in short), “Here's the guide for us.”



Bishop William White

The Episcopal Church, like the US Government, has two houses – Deputies elected to represent every diocese by size and strength, and the Bishops representing the wider church's common interests. Most decisions are made by the agreement of both houses, but some leadership decisions are made by the House of Bishops alone. For example, only the Bishops elect their Presiding Bishop.

The greatest influence of the General Convention is felt in their governance of our Book of Common Prayer and the Constitution and Canons which are our “laws.” The thousands of resolutions considered in Convention may or may not impact our life together, and most we never even hear about. But when those resolutions start us down the path to a new Prayer Book or to new practices in ordination, the Convention suddenly becomes significantly important.

My first and only experience of a General Convention was in 1967. I was a young teenager, attending the closing Eucharist in the Seattle Center Arena. It was impressive, even from the nosebleed seats my family occupied. Only later did I learn how significant the Seattle convention was – changing the Constitutional definition of a Deputy from “layman” to “lay person,” permitting the election of women; and by a resolution authorizing study for a new prayer book.

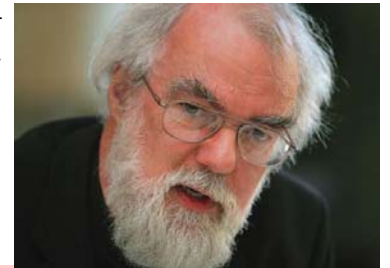
A visit to Anaheim around the Convention will be worthwhile, just for the sake of the energy and spectacle that will be there. More information is available at www.episcopalchurch.org/gc2009.htm.

General Convention Forum on Global Economic Issues with Archbishop Williams & Presiding Bishop Katharine Jefferts Schori

This forum “Christian Faithfulness in the Global Economic Crisis” on Wednesday, July 8, from 6 to 7:30 pm, will be a key event during the Episcopal Church's General Convention, (July 8 - 17) at the Anaheim Convention Center. The forum, in the Pacific Ballroom of the Anaheim Hilton, will be webcast live on www.episcopalchurch.org.

Presiding Bishop Jefferts Schori will provide an overview of the topic and introduce Archbishop Williams.

This is the first year the Archbishop has attended a General Convention in the US.



More History

Before the American Revolution, there were no bishops in the colonies (partly because the British government was reluctant to give the colonies the kind of autonomy that this would have implied, and partly because many of the colonists were violently opposed to their presence). After the Revolution, the establishment of an American episcopate became imperative. Samuel Seabury was the first American to be consecrated in 1784. In 1787 William White and Samuel Provoost, sailed to England and were consecrated bishops. William White, born in Philadelphia in 1747, went to England in 1770 to be ordained deacon and priest, becoming the rector of the Church of Christ and Saint Peter in Philadelphia. He served as Chaplain of the Continental Congress from 1777 to 1789, and then as Chaplain of the Senate. *(from satucket.com, James Kiefer)*

By Mary Kay Chandler

The Beijing Circle at St. James by-the-Sea has been engaged in study and contemplation of the Millennium Development Goals (MDGs) for more than a year. We have been supported and encouraged by the Rev. Eleanor Ellsworth. Currently we are engaged in discernment and discussion regarding our future actions, both collective and individual. The following is an account of one such action.

A few months ago Three separate email invitations arrived in my inbox. Each urged its recipient to consider attending a national *Mobilization to End Poverty* hosted by Sojourners. Sojourners is a network of churches, faith-based organizations, and individuals from across the theological and political spectrum that works to influence public policies and priorities on a number of social justice issues. I read each email and kept them in my inbox. No immediate reply or action needed. Over the course of a few conversations with Eleanor, a few more with my husband Ted, a couple of lunches with my good friend Cindy Trowbridge and discussion with my sisters in the Beijing Circle, it became clear to me that I would respond to the invitation from Sojourners. I purchased a plane ticket to Washington, D.C. for the mobilization.

Sunday evening, April 26th Hundreds of Christians from across our nation arrived at Shiloh Baptist Church in Washington, D.C. There were Mennonites from Cleveland, Roman Catholic nuns from Buffalo, Baptists from Nashville, Lutherans from everywhere, and a few Episcopalians including three female priests from Northern California. I was among them all. We were young, old, rich and poor. There were no strangers. In an instant we were collectively engaged in an evening of spirit-filled worship that in-

cluded the incredible voices of the Howard University choir, the powerful words of Rep. John Lewis and a celebration of Holy Communion. Hours later we spilled out into the streets of Washington filled with expectation, energized with purpose, and secure in the knowledge that the call we answered was rooted firmly in the whole Gospel of our Lord.

Monday, April 27th One thousand, one hundred Christians from all kinds of churches and all walks of life reassembled at the Washington Convention Center promptly at 8:00 am. All remained present for a full day of worship, speakers and training. President Obama greeted us via video message and sent a White House team to speak about his priorities for addressing issues of poverty. Rep. Rosa DeLauro talked of the moral responsibility of government to care for the poor. Jeffrey Sachs, via video, reminded us that we can end extreme poverty and that it is a practical, achievable goal in our lifetime. The Rev. Jim Wallis said, "*You cannot love the Creator and disrespect the creation.*" They answered our questions one by one. **They reminded us that poverty can in fact be eliminated. Again and again I was reminded and struck by the fact that this gathering was rooted in the justice of our faith not in political partisanship.** Again, there were no strangers. I ate lunch with the Mennonites from Cleveland.

Tuesday, April 28th Following a morning worship service at the convention center a huge crowd of Christians made its way to Capitol Hill on foot and via metro, bus and taxi. Our purpose: to keep scheduled appointments with 85 Senatorial offices and 220 offices of Members of the House of Representatives. Our unified requests of our representa-

tives : (1) Enact a moral budget that supports cutting national poverty in half over the next ten years and modernizes the federal poverty measurement. (2) Enact and increase a poverty-focused foreign policy budget to provide assistance to poor countries, save lives and meet the Millennium Development Goals by 2015; (3) Enact Health Care Reform now. There were 39 of us in the California Delegation. We met with Senator Feinstein's staff and Senator Boxer's staff. We were respectfully received and they listened. I joined three articulate young women from Pt. Loma Nazarene University and one from UCSD to meet with Rep. Susan Davis' staff. Again, we were respectfully received, engaged in intelligent conversation and left feeling that we had been heard.

Around four thirty on Tuesday afternoon, a group assembled in the courtyard of the Rayburn House Office Building to share stories and hear from members of Congress themselves about how they intend to fight poverty at home and abroad. A highlight was the appearance of House Speaker Nancy Pelosi who thanked us for our effort and reminded all of Matthew 25:

Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me. Tuesday was quite a day.

Wednesday, April 29th A wrap-up. There were workshops on taking the poverty connections to our faith communities. New friends began heading home. One asked me, "Why did you come?" "I was called," came out of my mouth.

And now, in reflection, I know that I was called to the *Mobilization to End Poverty*. We are each called. *The important thing is to quiet our restless minds long enough to listen so that we are open to the call when it comes.*



NEW EPISCOPAL CHURCH & SCHOOL IN TEMECULA

OPENS THIS SUMMER


**Open House is Saturday,
August 29, from 4 pm—7 pm.
44561 Avenida de Misiones**

The doors of the new **SAINT THOMAS OF CANTERBURY EPISCOPAL CHURCH AND SCHOOL** will open for worship and classes nearly 30 years since the first celebration of the Holy Eucharist.

The facility is a “Green Building” with state-of-the-art audio visual equipment.



The sanctuary will seat 325 people and the school will have a capacity of 90 students ages 2-6.

Outside will be an 8,000 square foot patio with a labyrinth. 

St. James Day, July 19

The St. James Green Initiative



St. James has chosen to highlight our commitment to environmental ethics and expand our current efforts by dedicating a season of our *Year Round Stewardship* campaign to this worthy cause. **St. James Day** will be our official kick-off to increase awareness and advocacy, but more importantly, it will be a day in which our children will teach us how to care more deeply for our home. The latter half of the summer will be marked with fun and joyful opportunities for all of us to take on the challenge, and call for us to be better stewards of God's creation. *Here are a few things to look forward to:*

☞ **Sunday school is going green this summer!** Children going into grades Pre-K through 5 will learn, worship, and work together towards a cleaner and greener St. James through their summer curriculum. Kids will learn how they can help our fragile earth--from recycling to water and power conservation--and share their lessons with the Parish at large.

☞ All are welcome to enter the **St. James Green Initiative Icon Contest!** This is a great opportunity to submit an image that will be St. James' symbol for environmental care. Much of what St. James already does to be environmentally conscious go unnoticed, but this new Icon will help mark what we are already doing, and expand our ministry to our planet. Look for more information in the Sea Breeze in the coming weeks.

☞ This year, the **St. James Day Celebration** will include many fun activities for all ages, including a Watermelon Seed Spitting Contest and a Three-Legged Race led by The Rev. Eleanor Ellsworth.

Quotes for Independence Day

“The only limit to our realization of tomorrow will be our doubts of today.” - **Franklin D. Roosevelt**, *U.S. President*

“We are living at a time when creeds and ideologies vary and clash. But the gospel of human sympathy is universal and eternal.” - **Samuel Adams**, *A Founding Father of the United States*

“I believe that banking institutions are more dangerous to our liberties than standing armies. If the American people ever allow private banks to control the issue of their currency, first by inflation, then by deflation, the banks and corporations that will grow up around [the banks] will deprive the people of all property until their children wake-up homeless on the continent their fathers conquered. The issuing power should be taken from the banks and restored to the people, to whom it properly belongs.” - **Thomas Jefferson**, *U.S. President & A Founding Father of the United States*

“Every gun that is made, every warship launched, every rocket fired signifies, in the final sense, a theft from those who hunger and are not fed, those who are cold and not clothed. This world in arms is not spending money alone. It is spending the sweat of its laborers, the genius of its scientists, the hopes of its children. This is not a way of life at all in any true sense. Under the cloud of threatening war, it is humanity hanging from a cross of iron.” - **Dwight D. Eisenhower**, *U.S. President & Supreme Commander of the Allied forces in Europe*

“I love America because America trusts me. When I go into a shop to buy a pair of shoes I am not asked to produce my Identity Card. I love it because my mail is not censored. My phone is not tapped. My conversation with friends is not reported to the secret police.” - **Janina Atkins**, *Polish-born US citizen*

“For in the final analysis, our most basic common link, is that we all inhabit this small planet, we all breathe the same air, we all cherish our children's futures, and we are all mortal.” - **John F. Kennedy**, *U.S. President*

Father Waddy's Bible Drama Camp was a delight!

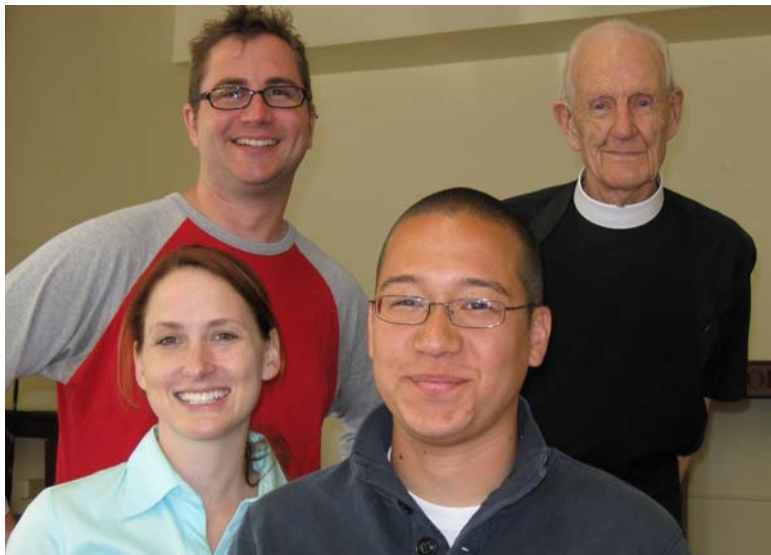
Happy Kids on the First Day of Camp

First row, left to right: Mandy Davis, Anna Williamson, Cora Griffin.

Second row, left to right: Sadie Lee, Evan Williamson, Leif Tystad, Austin Katz, Hunter Katz, Finn Tystad.

Third row, left to right: Sam Rohrbach, Sam Chase, Will Fluharty, Taylor Abraham.

Top row, left to right: Mark Wischkaemper, Matt Benton, Ben Chuter, Fr. Waddy, John Chuter.



Thank you to our Drama Camp Program Leaders

Left to right: Mandy Davis, Pastor for Children's Ministries; Chris Bernard, Pastor for Youth & Family Ministries; Mark Wischkaemper, and Father Lawrence Waddy.



Preparing for a Special & Wonderful Performance

On the very first day of Camp the adults began laying the groundwork for a very ambitious performance of Father Waddy's "Faith of America" that concludes the Bible Drama Camp.





**St. James by-the-Sea
Episcopal Church**
743 Prospect St.
La Jolla, CA 92037
Phone: (858) 459-3421
www.stjamesbythesea.org

Non-Profit
U.S. Postage
PAID
San Diego, CA
Permit No. 2686

Thank you, Alice Fleming, for all of your service, commitment, and leadership through these 20 years.

On Saturday, June 20th, a luncheon was held honoring Alice Fleming for her 20 years of service as the Altar Guild Director for St. James. She will remain as an active member of the guild, passing the Directorship to Maryl Weightman.



Above: Maryl Weightman,
Randal Gardner, Alice Fleming.

THE ST. JAMES ALTAR GUILD: **Front:** Millie De Bevec (sp), Pat Franco, Carolyn Runyan, Janet Barnum, Jan Parsons, Alice Fleming, Lee Simpson. **Mid-row:** Maeve Dixon, Muggie Harris, Judy Ray, Frances Lolly, LaVon Skinker, Mary Kaye Chandler, Joan Bivin. **Top:** Maryl Weightman, Gretchen Howell, Betty Muck, Lyn Ganschinetz, Pinky Wornham.