

Sunday Readings

June 6, Proper 5

1 Kings 17:17-24
Psalm 30
Galatians 1:11-24
Luke 7:11-17

June 13, Proper 6

2 Samuel 11:26-12:10, 13-15
Psalm 32
Galatians 2:15-21
Luke 7:36-8:3

June 20, Proper 7

Isaiah 65:1-9
Psalm 22:18-27
Galatians 3:23-29
Luke 8:26-39

June 27, Proper 8

1 Kings 19:15-16, 19-21
Psalm 16
Galatians 5:1, 13-25
Luke 9:51-62

Sunday Worship Schedule

7:30 am Traditional Eucharist
8:45 am Childcare, 2nd floor
9 am Bible Study; Adult Forum
10 am Choral Eucharist,
Child & Youth Programs

Noon Worship Schedule

Healing Eucharist
every Wednesday
Friday Requiem Eucharist
the last Friday of each month

Summer of RESPECT

By Randal B. Gardner

Last month I shared my positive experience with the **Dignity and Diversity** program our diocese has launched. This month I want to share some of the detail in the program's content.

A key component of showing hospitality and moving toward healthy relationships with all people is the practice of **R-E-S-P-E-C-T**.

R: Take RESPONSIBILITY for my own attitudes, feelings, thoughts and actions. Blaming others or blaming circumstances never come to a good end.

E: Practice EMPATHY toward others. Try to understand who they are and remember that patience is a virtue.

S: Be SENSITIVE to others. Similar to Empathy, but sensitivity focuses more on guarding against my own prejudices, language, or assumptions.

P: PONDER. Take time to reflect. Think before speaking. Count to 10 if annoyed.

E: EXAMINE your own assumptions and perceptions.

C: Practice CONFIDENTIALITY. Most confidences I break get broken because revealing something about someone else benefits me in some way. If sharing something about another person is for their good, fine. But if it is mostly about building me up or dealing with my own anxiety or concern, keep it to myself.

T: TRUST Ambiguity. Our model really should be RESPECTA, not just respect, because the Trusting is of Ambiguity in particular. Trusting that things don't have to be perfectly understood, precisely planned or resolved right now is a deeply spiritual way of being. Keeping that in mind when learning to live with others is a wonderful way forward.

Learning to practice these ways until they become natural for us may be a little strange at first, but they are a first key step in building those communication habits that make us good evangelists. These habits make us trustworthy people, and they encourage openness and sincerity in relationships.

For more look online for the sermon I preached on May 9th. Links to recordings of our sermons are on the left side of the St. James web page – www.sjbs.org.

Randal

Summer Offerings for Adult Formation

By The Rev. Eleanor Ellsworth

Summer is a wonderful time to change pace and refresh, even if one is enjoying a “staycation” in beautiful San Diego. Here at St. James we continue our **Women’s Dinner Group** through July. Our June 8th guest speaker is Jenni Prisk, Founder of Voices for Women, (an organization created following 9/11), president of Prisk Communications, and chairwoman for the Actors Alliance of San Diego. You may have seen her on KPBS—raising funds for public TV.

In July, we will have fun with the popular movie night (July 13). We will suspend WDG until October.

At the adult forum hour on Sundays, we will continue learning about the *Historical Jesus*, using the excellent video lecture/discussion format. This program is already underway; however, any one lecture/discussion is valuable on its own. Do not hesitate to come and go as your schedule permits. 9.00-9.50 every Sunday in the Summer in the Van Schaick Room. (Exception: St. James Day.) Bible Study is simultaneously offered in the Kinne Room of St. James Hall. Two choices!

I am testing the waters for interest in establishing the EFM program at St. James. *Education for Ministry* is a comprehensive and well established program for Adult Christian Formation, accomplished over 4 years. It requires trained mentors. If you think you may be called to be mentor for EFM or want more information, please contact me right away!

Dr. Phil Roeder is the vestry liaison now for adult formation. Please let Phil or me know if you are willing and interested in being part of a small group to formulate adult programs for the coming year. This is a vital ministry, and is done best with participation from the community of St. James. A planning meeting will be set-up in June.

Book study and discussion: Many have read *Wolf Hall* this past year. Call the office (858 459 3421) if you would like to meet for a book discussion on this valuable book during the summer. Based on response, we will set up a time and location in a parishioner’s home.

Summer blessings,

Eleanor+

Episcopal Relief & Development receives 4-star Rating from Charity Navigator

Episcopal Relief & Development has received its third consecutive 4-star rating from Charity Navigator. Awarded annually, ratings reflect an organization's accountability, transparency and quantifiable results in comparison with other non-profit organizations.

"Only 14 percent of the charities we rate have received at least 3 consecutive 4-star evaluations," said Ken Berger, Charity Navigator's president and chief executive officer, in a press release. This rating indicates that "Episcopal Relief & Development consistently executes its mission in a fiscally responsible way, and outperforms most other charities in America. This 'exceptional' designation from Charity Navigator differentiates Episcopal Relief & Development from its peers and demonstrates to the public it is worthy of their trust."

St. James Congregation gives Generously to ERDs Haiti Earthquake Fund

The aftermath of the January 12, 2010 earthquake in Haiti was clearly devastating. ERD has been helping the Episcopal Diocese of Haiti care for approximately 25,000 survivors who reside in 23 diocesan camps in the country. The contribution of \$11,675 from St. James by-the-Sea helps supply food, water, medicine, shelter, and other critical basics and materials.

To learn more about the ERD programs, go to www.erd.org.

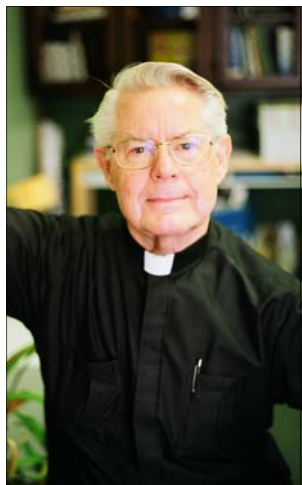
Your support of Episcopal Relief & Development is saving lives and transforming communities. Thank you for your compassion and generosity.



TO ALL THE FAITHFUL OF ST. JAMES-BY-THE-SEA

Dear Friends,

In 2003 Bishop Hughes asked me to join you at St. James to provide additional clerical ministry. With the advice and consent of the Vestry I was appointed Associate for Pastoral Care in September 2003. What I thought might be a temporary relationship turned out to be a very rich and meaningful one for me lasting almost seven years. During this time I continued to provide pastoral care and assist at St. Peter's, Del Mar, as well.



Over the years many of you have become very dear friends with whom we laughed and with whom we have shed some tears. You have allowed me to share in the good times and the bad times in your lives---a privilege for which I am humbly grateful.

This past week I accepted the invitation of the Rector of St. Peter's in Del Mar to join the clergy staff as Associate for Pastoral Care and Seniors Ministry beginning June 1. Father Randal and I have agreed that my official clerical relationship and duties with St. James will end on May 31, 2010.

Joan and I are grateful for your friendship and support these past years. We pray that God will continue to bless all of you and the outstanding clergy and staff with sound leadership and all the gifts of the Holy Spirit which Christ promised to his Church.



I would like to close this "thank you note" by quoting Carol Burnett's sign-off song at the close of each program: "I'm so glad we had this time together; now it's time to say 'so long'" — but never good bye.

Ever your friend and servant,
Fr. Tom Bond

Vestry Notes

By Charleen Boyd, Junior Warden


The following are the notes for the April Vestry meeting. The minutes are available upon request.

Lori Bantz was elected to the vestry to finish the term of Michael De Clouet who resigned due to medical reasons.

The RESPECT guidelines for communication were explained and discussed.

The Finance Chair reviewed the March financials which were received subject to audit. There will be a budget review in June to evaluate our financials and to decide how we are to proceed going forward. We were informed that St. James will receive a bequest from Eleanor Moore. The Women of St. James will receive some of her personal effects to sell at the White Elephant sale.

A motion was passed to utilize \$5,000 from *Endowment Fund I* to help develop further contributions to the Endowments of St. James.

The next vestry meeting is June 22. 

**Join us for Tom Bond's
final Sunday at St. James**

Sunday, July 4
We will celebrate
**“Tom Bond
Sunday”**

Come to the
9 am Adult Forum to share your
“stories” about Fr. Bond,
and join us after the 10 am
service for a celebration
on the patio.

Women's Dinner Group

Tuesday, June 8 at 6 pm

Voices for Women

With

Jenni Prisk




Tuesday, June 8th, we'll be back in the Van Schaick Room with another terrific dinner catered by Girard Gourmet. It will be a blessing to have Jenni Prisk of *Voices for Women* as our speaker.

Following 9/11, Jenni founded *Voices of Women*

(VOW), together with an extraordinary group of San Diego women, who believe passionately that the power of education, information and communication can make a difference in breaking down global and political boundaries.

Jenni is also the president of Prisk Communications, an award-winning public speaking and communication skills training and coaching company, based in San Diego, providing services internationally. Jenni is also a dynamic motivational speaker. She writes a weekly theater column, chairs the board of the Actors Alliance of San Diego, is a national member of ASTD, and a member of the Downtown Rotary of San Diego. She has anchored many fund-raising campaigns on KPBS-TV.

This VOW has raised funds for organizations such as *Save the Children*, *Women for Women International*, *the United Nations Association of San Diego*, and *Wheelchairs for Israel/Palestine*. They contact Congressional representatives, write letters to the editor, sign petitions, spread the word, and raise money for non-governmental organizations working in the area. They receive advice from the experts and then take appropriate action.

Come and learn more about them—bring a friend. \$15 for dinner. Come at 6 pm for social hour, then dinner and program. **Please RSVP to the office or sign up after the Sunday services by June 7 at noon.** 



Lunch Bunch *Presents:* **EARTHQUAKE COMES TO LUNCH BUNCH**

WEDNESDAY, NOON, JUNE 16

On June 16th, the Lunch Bunch will welcome Dr. Peter Davis at the June meeting, who will speak on "Earthquakes: Your questions answered."

Dr. Davis is the Executive Director of Project IDA at UCSD, which operates one third of a major network of scientific instruments to study earthquakes, and we are blessed to have Peter Davis and his family as very active members of our parish for many years as choir member, lay readers, acolyte, usher, vestry members and stewardship team.

He will discuss the recent spate of destructive earthquakes, worldwide, what Easter's earthquake means to us here in San Diego, and how scientists of UCSD are contributing to earthquake studies and hazard mitigation.

Make reservations for lunch by noon, Monday, June 14th by signing up after church or by calling the church office (Tel: 459-3421). The lunch will be catered by the Girard Gourmet (cost \$7.00) and guests are welcome.

**THIS IS THE LAST LUNCH BUNCH GATHERING
UNTIL OCTOBER.**

Join in the Fun—Episcopal Baseball Night at Petco Park


Friday, July 16 at 7 pm

This is a great way to relax with family and friends and cheer on the Padres as they rattle against the Arizona Diamondbacks! Discounted Tickets are \$24 (Toyota Terrace) or \$9 (Upper Reserved). Bring the whole family!

Sign up after the services or contact Mandy Wischkaemper (Davis) at 858 459-3421 or call the office. **The deadline is June 30.**

Soul Searchers Book Club

Friday, June 11 at 9 am

The *Soul Searchers Book Club* at the St. James Gift Shop has been meeting for five exciting months. We've made good friends, read and discussed seventeen books due to our unconventional "read any book you want" approach, and gained invaluable wisdom from each other. We meet again on Friday, June 11 at 9 am at the St. James Gift Shop. Coffee and pastries will be served. This meeting will be our last one for the summer. We will take a summer break in July and August, and then pick up the literary thread again in September. In Fall we will temporarily cease our "read-any-book-you-want" program. Instead, we will come together and read *The Friendship of Women* by Joan Chittester. We all look forward to this new challenge, and we hope you will join us. 


St. James Gift Shop—A New Website is Coming!

By Karen Fast, Manager

Watch for our new website: stjamesgiftshop.com It should be up by mid June. We have had so many requests over the years from people across the country for a website. They are so thrilled to have found us, and want to buy year-round. We will carry our standard re-order pewter crosses, etc., and will also offer our one of a kind religious and spiritual items, as well as jewelry, books, nativities, and gifts. We encourage you to check it out!

The Gift Shop has many new arrivals this month including bright, colorful hand loomed textiles from Guatemala, two beautiful hand carved wood screens depicting St. Francis, A 3 1/2 foot St. Francis, carved in San Miguel de Allende, and some great, inexpensive bracelets and necklaces from Guatemala.

New books are arriving daily, as I have just arrived back from the Religious Booksellers Exhibition outside of Chicago. I am on the Board of Directors for the Episcopal Booksellers Association, and have returned with lots of new titles, as well as experiencing several wonderful brainstorming sessions with other book store managers.

Remember, supporting St. James Gift Shop with your purchases, large or small, supports outreach and artists throughout the world. I encourage you to stop by today for a unique and very personal shopping experience. 

Youth Notes

Chris Bernard, Pastor for Youth & Families

"Conversation with..."

The last "Conversation with" of the year will be June 12 at 1235 Via Barranca in La Jolla. It starts at 4 pm and ends around 7pm. It's important to be there because we'll be talking about future prospects for the fall. We will re-start "Conversations with" in September, bigger and better than the year before.

Camp Stevens:

It has 265 acres of woods, real woods. It has ponds, meadows, and wild turkeys. At night, you can see more stars than you can count. When you hike any one of the trails there, you can breathe in the glory of God's creation.

If you haven't signed up, you should. find more information and register at www.campstevens.org, Plus, I'll be up there during Session 4, serving as the lay Chaplain.


Summer Schedule:

Our Summer schedule starts on June 13. The last day of official Sunday School is June 6.

Look for events and activities this summer such as the Diocesan Padres Night, Laser Tag Afternoons, and general chillaxing. And remember, we will still be meeting in the St. James Hall for laughter and fellowship all summer. See you there.

Where's Chris?

If at some point during the month of July, you look around and wonder, "Where's Chris?" don't worry. I'm just taking a few weeks to finish writing my MA Thesis. I'll be buried in the catacombs of a library, loosing track of time, writing pages that don't make much sense, and trying to finish something I should have finished a long time ago.

I'll be MIA from July 5th - July 24. From July 25-30, I'll be at Camp Stevens serving as a lay Chaplain. I'll be back in church on August 1. 



Inspired by an Act of Faith

by Scott Goryl

Last April, Krista and I were wed at St. James. After the wedding, somewhat unexpectedly, we found ourselves completely liberated. Making this sacred commitment in front of the people we love and hold most dear began to change us. Emboldened by our covenant to each other and by a newly found courage, we did something gloriously reckless - we set off to see the world.

After several years working tirelessly at our demanding jobs, we decided to cancel our car insurance, postpone our Union-Tribune subscription, and purchase a couple of the massive, durable backpacks you see in REI catalogues. We said goodbye to bemused friends and nervous family members. And we just left, turning a daydream into a wonderful reality, and spent five months exploring God's creation.



Through Australia, Asia, Europe and South America, we visited 16 countries, flew 43,000 miles and spoke -- or tried to, anyway -- eight languages. We marveled at the stunning fiords in New Zealand, we danced together on the Great Wall of China, and spent Christmas alone on a remote Thai beach. We were touched, if not overwhelmed, by the poverty in India, we delighted at the charm of Italy's Amalfi Coast, and we rode bikes among the tall shadows of the Andes Mountains in Argentina.

Of course, there were limitations to our adventure. To keep costs down, we booked our own travel, cooked our own meals, stayed in simple accommodations and explored cities by foot. We didn't splurge on fancy meals out and we opted for quiet nights reading, writing to friends or talking about the day's activities. This simple existence as we moved

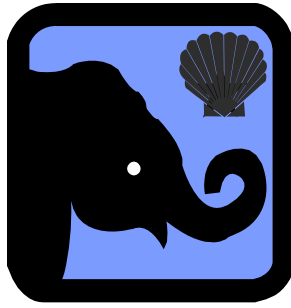
from place to place became familiar, natural and comfortable. There were dangers along the way, too, including some nervous moments in unfriendly places. But we were always together, always encouraged by promises made on St. James' altar.

We spent 143 consecutive days at each others' side. We shared adventures and memories that will last a lifetime, and we happily returned to San Diego, warmly greeted by family and friends. Sure, we were unemployed, but we felt strong, open-minded and we have never been closer. But what gave us the strength to disrupt our safe, stable and successful lives to fulfill this seemingly out-of-reach daydream? We didn't fully realize it until closely re-watching our wedding ceremony video on our first anniversary. At the altar in St. James, we excitedly committed - in the name of God - to love and cherish each other, for better or worse, for richer or poorer, in sickness and in health. Once that proclamation was made, nothing in this world seemed too daunting. Any dream is possible so long as we are together. 🏠



See Scott & Krista's Around-the-World blog at www.globalgoryls.blogspot.com

White Elephant Sale News Collections Begin For September 2010 Sale



Remember the Elephant as you un-clutter your home during spring cleaning. We will begin staffing the donations room **Memorial Day weekend**. Donations is located at the back of St James Hall, down the alley off Silverado (next to the dumpster). We will be open on Sundays from 8:30 - 10:00am and otherwise by appointment.

As always, we need your antiques, collectibles, books (but not condensed volumes, textbooks or encyclopedias) holiday items, accessories, linens, jewelry (costume as well as 'real') as well as clean, gently used clothing and shoes. Please - nothing dirty, torn or moldy - we can't sell it and neither can a second charity.

If at all possible, please hold on to your furniture donations until we move into the Hall around Labor Day.

Your quality discards are what we transform into outreach funds, so be generous in clearing out your un-needed items. Picture your items brightening another home - until those people choose to re-donate to us. This brings to mind the story of my (wedding present) red bundt pan, purchased by a parishioner who had always wanted one. Well, after a year of using it, it came back to us. Then it stayed away for a few years, but I saw it again 2 years ago. Come to the sale and see if it returns again this year. Why not start your own tradition of watching to see how your donations fare - and think how many people we can help as they are re-purchased !

Reminder - the sale dates this year will be September 17, 18 & 19. The traditional schedule remains - Friday night will be First Choice Night with admission, a premium charged on items and wine & cheese; Saturday will be the main sale day and Sunday will be half price afternoon. Call Lyn 858-246-6237, lgansc7@yahoo.com— or Nan 858-549-2322, nan.giraffe@gmail.com 

ST. JAMES CONTRIBUTES HUNDREDS OF POUNDS OF CANNED GOODS TO THE ECS FOOD BANK

This year LifeTouch supplied green "Feed the Need" bags and gave a \$5 photography discount to anyone filling the bags with canned/non perishable food. Thank you for responding! A carload of canned goods, were delivered to Episcopal Community Services filling their empty Food Bank.

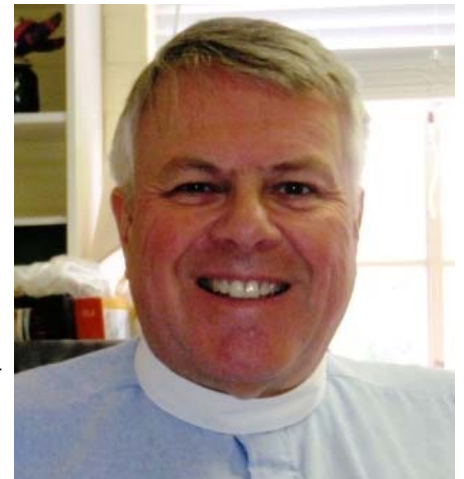
If you missed out on a photo session, call the office and schedule a session on June 14. We want you!!!!

Biking Pilgrimage to End Poverty

Help for 40,000 AIDS Orphans in Kenya


By The Rev. Michael Russell, All Souls' Point Loma

The Reverend Michael Russell, Rector of All Souls', Point Loma and Mr. David Brown an All Souls' parishioner have ridden their bicycles nearly a third of the way across our great continent in an effort to raise consciousness and funds for the



work of our Diocesan Missioners, Gerry and Nancy Hardison. The Hardisons, who recently came home to update us on the work in north west Kenya, have created support and development projects that are now enriching the lives of more than 40,000 Kenyan children and their guardians.

You can learn about these projects and make a donation by visiting www.speedofbike.org. You not only find out about the development "engines" the Hardisons have set up, but you can track Mike and Dave's ride watching their progress on a Google Earth type interface.

The Hardisons have been building these projects for nearly a decade. Please take a few moments to learn about their work and offer some support for those 40,000 AIDS orphans. Thank you for considering this..... drop into www.speedofbike.org. 



St. James by-the-Sea
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www.stjamesbythesea.org

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SAVE THE DATES

“Tom Bond Sunday”

Sunday, July 4

**7:30, 9 am Adult Forum, &
10 am Service (see page 3)**

&

St. James Day

Sunday, July 25

**10 am Outdoor Service & Fest
at The Bishop’s School**

Did you miss out?

Is your picture spot in our new
directory blank?

*Don’t fear—Come for one
“make-up” day!*

Photo sessions on

Monday, June 14

Noon to 8 pm

Call the office for an appointment

858 459-3421 x110

No obligation to purchase...free photo!

If you had your photo taken, and requested it be
sent to the Church, they can be picked up at the
office Monday thru Friday, 9am—Noon.