

### A PRAYER FOR RALLY SUNDAY

My parish is composed of people like me. I help make it what it is. It will be friendly, if I am. It will be holy, if I am. Its pews will be filled, if I help fill them. It will do great work, if I work. It will be prayerful, if I pray. It will make generous gifts to many causes if I am a generous giver. It will bring others into worship, if I invite and bring them. It will be a parish of loyalty and love, of fearlessness and faith, of compassion, charity, and mercy, if I, who make it what it is, am filled with these same things. Therefore, with the help of God, I now dedicate myself to the task of being all things that I want my parish to be.

(Adapted from the stewardship prayer of the Diocese of San Diego)

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# Committees/Guilds/Ministries/Groups/Activities & Contact Information



#### **ACOLYTES**

Dewitt Jones wittjones@gmail.com

Acolytes lead the way as members of the worship leadership team, working with the team to enhance the beauty and reverence of our Sunday 10:00 service, as well as special festival services. They are generally between 3rd grade and high school aged youth who volunteer for one Sunday a month with a flexible schedule to suit family commitments. Acolytes are taught the what, when and why of their parts of the service, so they are capable members of the team.

#### ADULT EDUCATION

The Rev'd Dr. Mark Hargreaves mark@sjbts.org ~ 858.459.3421 x106

In addition to offering Sunday morning forums on various topics, this program offers periodic evening classes. Not only do we welcome everyone to participate in our education offerings but volunteers interested in education are invited to serve in an advisory capacity to Father Mark and the Adult Education Team.

ALTAR GUILD Jan Parsons /Maryl Weightman jaypars@aol.com/maryl@marylweightman.com

The Altar Guild embraces care, beauty and service as important parts of worship at St. James by-the Sea. It is a quiet, prayerful ministry, as members prepare the altar for worship and set the Lords table. We assist behind the scenes during the service, clean up afterwards, and maintain the beautiful vestments, linens, and silver. Participation at each service is on a rotating basis and all members are valued and their dedication appreciated.

### ARTS COMMITTEE Jane Beck/Martha Ehringer janeellenbeck@gmail.com/marthaehringer16@gmail.com

The Arts Committee is composed of fun, creative, and hard working people with various gifts, which we all use together to host exhibitions in our St James Gallery by-the-Sea. We have had a wide variety of exhibitions supporting in-house ministries, as well as inviting artists from outside of the church. Our past shows have featured the art of: Episcopal Community Service's residents of Uptown Safe Haven, James Hubbell, and many others.

#### **BLESSED GROUP**

Brenda Scott-Mead bscottmead@gmail.com

The Blessed Group is a weekly, drop-in support and discussion group for adults who seek an opportunity to discuss death and dying with other seekers. We share information about our first hand experiences with bereavement, care-giving, challenging medical diagnoses and saying good bye to loved ones. We share book titles (such as the newly released Haley & Williams: What's Your Grief? and other materials that speak to our hearts.) Occasionally we invite professionals to share their perspectives on some of the topics that interest us.

### BROWN BAG MINISTRY Alison & Craig Lee

ablee5525@gmail.com / craigylee@yahoo.com

The Brown Bag Ministry targets San Diego's homeless community by providing parishioners the opportunity to take a simple lunch bag of non-perishable food to keep in their car for distribution when they see someone. We offer lunch bags about once a month during the coffee time following both the 8:00 and 10:00 a.m. services. The lunch bags are a wonderful gift to those people whom you see in the community that appear to be in need...and it allows you to respond to a need in a very specific and tangible way. The estimated cost to provide a lunch is \$5 per bag. Donations are greatly appreciated to offset the costs of this ministry, but are not required to participate. The children and youth support this outreach, as well, by decorating bags and handing them out. Volunteers are always welcome to assist with the managing of the table on Sundays and the purchasing of supplies ahead of time. Additional lunch bags are made available once a week at the office door, as part of our walk-up ministry.

### **BUILDING & GROUNDS COMMITTEE** Julie Castan/John Norris j2q2sd@gmail.com/john@delsolcp.com

The Building & Grounds Committee of St. James by-the-Sea is a volunteer group whom the Vestry has charged with overseeing the interior and exterior maintenance of the church buildings, including the Rectories. This committee works closely with the church Facilities Coordinator, and meets once a month to identify needed repairs and ongoing maintenance projects. While the Landscape Committee has specific areas of expertise and responsibility, they report into the B&G committee to ensure coordinated completion of projects.

#### **CENTERING PRAYER**

Chris Berggren berggren.chris@gmail.com

Like all prayer forms, Centering Prayer is a method of initiating a conversation with God. However, unlike many other prayer forms--which use words to convey our thoughts and needs to God--via "Centering," we rest in God and signal our intention to surrender to him and open our minds and hearts to accept the pure gift of his presence and action within us. Over time, through this receptive and transformative practice, we are led to a deepening relationship with the living Christ and the indwelling Trinity: Father, Son, and Holy Spirit. This practice finds its roots in the ancient monastic tradition and has been revived and brought to our present -day lay communities of people wishing to build their Christian faith.

## CHILDREN & YOUTH MINISTRIES Leighton Jones 858.459.3421 x108 ~ leighton@sjbts.org

Our mission is to provide a gospel centered curriculum that welcomes, supports and nurtures our young people across every stage of their spiritual Journey. Both Children and Youth are divided into different age groups to better accommodate developmental milestones and personal faith journeys.

CHILDREN: Sunday School weekly for Nursery (0-3 years), Godly Play (4K-3<sup>rd</sup> grades), and The Lounge (4<sup>th</sup> grades and up) at 9:00. Worship + Children's Chapel (4K-5<sup>th</sup> grades) during 10:00 service.

**YOUTH**: Youth Group (6th-12<sup>th</sup> grades) meeting bimonthly after the 10:00 service for feast and study.

Nursery/Family Room offered from 8:45-11:15 most Sundays.

#### COMMUNICATIONS

Walter DuMelle 858.459.3421 x103 ~ walter@sjbts.org

CHIMES Submissions: media@sjbts.org
EBLAST Submissions: news@sjbts.org
SEABREEZE Submissions: walter@sjbts.org
FACEBOOK Submissions: news@sjbts.org

#### DAUGHTERS OF THE KING

HE KING Janet Shaw/Joanne Stark jallenshaw@yahoo.com/joannemstark@gmail.com

We are part of an international order of lay women who desire a closer walk with the Lord. We are strengthened through the companionship of our sisters and the discipline of a Rule of Prayer and a Rule of Service. We are all at different stages of our Christian journey--some have just begun and some have been on this path for a long time. As our service to the parish and for our own spiritual growth, each Daughter prays daily. We offer intercessory prayers for others in our parish and beyond as well as prayers for our own needs and prayers of gratitude for God's gifts. This practice of daily prayer increases our ability to see God at work around us. As we pray, we practice listening for God's voice as we seek to discern God's response to our daily question, "Lord what will you have me do?" We gather monthly to support one another through prayer and study. In recent years we've had talks by Laura Hargreaves and an inspiring retreat led by the Rev. Christina Miller. We've also studied the bible and books that have helped us to grow spiritually. We've learned about inspirational figures such as Thomas Merton, C.S.Lewis and Julian of Norwich. Our discussions foster our spiritual growth and they help deepen our connections with one another.

#### **EUCHARISTIC VISITATIONS**

The Rev'd Christina Miller christina@sjbts.org

At St James by-the-Sea, Eucharistic Visitors receive training and are licensed by the Episcopal Diocese of San Diego. After the Sunday celebrations of Holy Eucharist, the EV's take consecrated elements to those homebound, the take the consecrated elements to our parishioners who are ill, homebound or nursing home residents. In sharing the Word of the Lord and the Holy Communion, they bring the pastoral care of the Church to these members. Both feel richly blessed by this connection.

#### FINANCE COMMITTEE

# Chris Christopher cchristopher@dardenbrothers.com

The Finance Committee is charged with advising the Vestry on the operating financial affairs of the parish. We meet monthly and as needed to review the church financial statements and advise the Vestry on budget matters, operating expense variances and short and medium term issues affecting the financial health of the church. We work in conjunction with the Investment Committee which is charged with overseeing the management of the church's long term financial assets. We work regularly with the church bookkeeper to insure that the church's accounts are properly maintained. The committee is appointed by the vestry with five members and ex-officio members including the rector and the wardens.

#### **FLOWER GUILD**

Sarah Ellwein saellwein@earthlink.net

The Flower Guild provides floral decorations during the year for the High Altar and the Chapel Altar. Additional decorations are provided for special services on Christmas, Palm Sunday, Easter, and Pentecost. Support is also provided for memorial services, weddings, receptions, and other specials events as requested.

The guild is a working group open to all parishioners who wishes to join. No special skills are needed; experience in floral design is welcomed but not required. Those lacking prior experience will be trained by current members. We currently have five teams representing the Sundays of the month, each team works together to plan and execute the floral arrangements. Other members of the Guild volunteer for special occasions and as substitutes.

The Flower Guild is actively dedicated to serving and enriching the lives of all members of Saints James and the Saint James community.

# HEALTH MINISTRY OUTREACH COMMITTEE Ildiko Antal generalantal@gmail.com

Over decades the St. James Health Ministry Fund has provided assistance and support for individuals seeking health care and medical support. It is a ministry of parishioners that has saved lives, comforted the dying, and restored the gift of health to hundreds of people. Monthly meetings are held to discuss new applications and current client's treatment plans.

#### **HOOKS & NEEDLES MISSION OUTREACH**

Barbara Alcorn balcorn@me.com

Our Hooks & Needles Mission Outreach began in October 2015. We have 30 on our list, with 10 to 12 coming regularly for the fellowship and a desire to do something that will make someone's life a little happier. We have great conversations, with little or no agenda. Our production is amazing and consists of blankets from infant sizes, youth and adult, made up of squares knit by many people. We also make comfort shawls and lap robes for Seniors at the St. Paul's Pace program. Also, Ronald McDonald House at Rady Children's Hospital is so thankful for the knitted and crocheted caps we send them, and we have just added the orphanage Vida Joven to our list of recipients for winter caps for the children there in Tijuana. Every month we give a large supply of blankets to the La Jolla VA - they are so thankful for all our donations. All are welcome to join us including men who might want to learn about this stress relieving pastime. Meetings are held most Thursday afternoon from 1:30 - 3:30 in the Parish Hall. We furnish the needles and the yarn.

#### INTERFAITH SHELTER

Clark Guest clark.guest@gmail.com

For over 30 years we have been participating in Interfaith Shelter Network's collaborative efforts of providing temporary housing for homeless men, women and children. In recent years we have been hosting anywhere up to 15 guests at St. James for two weeks following the Christmas holiday. Many volunteers will be needed to provide such things as: set-up, transportation, meals, over-night supervision, and clean-up. Sign ups will be available at coffee hour or in the office.

#### **INVESTMENT COMMITTEE**

Paul Cleveland paulclevelandnew@gmail.com

The Investment Committee of the Vestry of St. James by-the-sea Episcopal Church is responsible for: 1) drafting the Church's investment policy, including investment guidelines and asset allocation ranges, and submitting such policy to the Vestry for its approval. 2) developing selection criteria for Vestry approval of the Church's Investment Manager, a paid professional financial management company. 3) providing detailed oversight of the Investment Manager's administration of the Church's investment portfolio. 4) reporting on a quarterly basis to the Vestry the current balances and year-to-date performance of each investment account. 5) rendering a full and complete account at each Annual Meeting of the administration of the church's investments during the preceding year.

#### LANDSCAPE COMMITTEE

Gretchen Glazener/Betty Vale gg@san.rr.com/maryevale50@yahoo.com

The Landscape Committee continues to maintain the grounds and exterior lighting of St. James. The committee maintains all of the potted plants and garden beds except for the roses, and oversees the care of the Memorial Garden Lawn and property trees. We meet regularly to discuss the ongoing maintenance and health of the campus's landscaping needs. If anyone would like to attend our meetings, join our committee or participate in the care of the exterior aspects of our church, please join us.

#### LEGACY SOCIETY

Paul Cleveland paulclevelandnew@gmail.com

The St. James Legacy Society consists of parishioners who have let the Church know they have made provision for St. James in their estate plans. These provisions can take many forms, and no amount is too small. Currently 42 households make up the Legacy Society, and it continues to grow. Several years ago, we began an effort to re-energize the Legacy and a Legacy Committee was formed. Members of the Committee are expected to encourage others to make provision for estate plans, to attend occasional their honoring Legacy Society members, and to assist in identifying and, where appropriate, contacting potential new members. that Committee members will or already have made provision for the church in their estate plans. We continue to update our list of known Legacy Society members. If you have provided for St. James in your estate plans and are not sure you are on our list, please tell Father Mark or Walter.

#### LITURGICAL/WORSHIP MINISTRIES

(Readers/Intercessors/Eucharistic Ministers)

Marcia Hoston-Barra (8am service) / Sarah Davis (10am service) marhb85@gmail.com / sdavis5@san.rr.com

Lay Readers, Intercessors and Eucharistic Ministers are an integral part of each worship service, serving at the 8 and 10 am Sunday services as well as the special services on Ash Wednesday, Easter, Thanksgiving and Christmas. Lay Readers read the lessons from scripture and psalm (except when sung by the choir), while Intercessors lead the Prayers of the People. Lay Eucharistic Ministers assist the clergy in serving Holy Communion. These are sacred ministries and participants report the experience is an important part of their spiritual life. Trainings for new and continuing lay ministers are usually held once or twice a year. Please speak with Father Mark if you are interested in serving as a Lay Reader, Intercessor or Eucharistic Minister.

#### **MONEY COUNTERS**

Jan Parsons/Michael Wood jaypars@aol.com/michael.wood75@aol.com

A small team of two (Jan Parsons and Mike Wood) meet every week to count the Sunday collections. Fees and special contributions also are tallied. A weekly bank deposit is organized. The Money Counters record donor numbers on checks and pledge envelopes to ensure that donors receive an accurate giving record. When our weekly task is completed, our extraordinary bookkeeper, Jennifer Bonnes, takes over. The periodic and year-end giving statements donors receive are compiled and distributed by Walter DuMelle.

#### MUSIC MINISTRIES/MUSIC SERIES

Alex Benestelli

alex@sjbts.org ~ 858.459.3421 x109

THE ST. JAMES CHOIR graces our weekly 10:00 am worship service with dignity, warmth, and beauty as they draw this community into a closer relationship with God through beautiful choral music.

**EVENSONG**, a time to be still and let God speak to us through the singing of psalms, readings and canticles, takes place at 5:00 pm several Sundays a year, and taking place this entirely at St. James.

The highly-praised ST. JAMES MUSIC SERIES presents concerts throughout the year as an outreach to the San Diego community.

#### **NEWCOMER & WELCOME TEAM MINISTRY**

Julie Drake judrake.jd@gmail.com

We serve those new to the parish through a variety of means including an annual "Welcome Brunch," newcomer literature and publicity, follow up to those new and interested in the parish, and by volunteering at our Sunday "Welcome Table" that greets newcomers, answers questions, and provides information and gift bags to those new to St. James before and after our worship services. Volunteers are needed and always welcome to join the Welcome Team and help greet those new to our parish.

#### **OUTREACH COMMITTEE**

## Ann Loraine Craig annlorainecraig@gmail.com

The Outreach Committee was formed to love and serve by engaging with people and partner organizations in San Diego County and beyond with emphasis in four service areas:: Welcoming a Stranger, Supporting Military Families, Giving a Helping Hand, and Supporting Seniors and Children. Examples of activities include Welcoming Strangers through tutoring and job training via RefugeeNet and MAKE Project and legal counsel through Casa Cornelia. Military families are supported via the fall backpack drive and the Christmas toy drive. Helping hands are extended through food pantry donations, monthly brown bag lunches, Big Table, and the Interfaith Shelter Network. Finally, we care for seniors and children by supporting Vida Joven's orphan housing in Tijuana, St. Paul's Senior Services, and by knitting for newborns and others.

**PASTORAL CARE GROUP** 

The Rev'd Dr. Mark Hargreaves 858.459.3421 ~ mark@sjbts.org

If you would like to bring anyone to the attention of our Pastoral Care Group, then please let the Rector know.

**PETAL PUSHERS** 

Charleen Boyl/Cindy Trowbridge ccboyl@gmail.com/cintrow@earthlink.net

Petal Pushers is a weekly ministry that each Monday morning brings the beauty of our Sunday altar flowers to those who are ill, recuperating or just in need some cheering up. Small bouquets of fresh flowers are delivered to homes and care facilities with a note of love from St. James. As an extension of our Pastoral Care Committee, this outreach serves those in our St. James Family in times of discomfort or grief with a simple dose of unsolicited thought and care.

#### STEWARDSHIP COMMITTEE

Julie Drake Judrake.jd@gmail.com

The Stewardship Committee oversees year-round programs to support all the other ministries of St. James with treasure, time, and talents. The annual pledge campaign in October and November establishes the financial foundation for all operations at St. James from compensation for our professional staff to the celebration of our small part in God's Kingdom. The pledges received in the fall provide a solid basis for planning what programs

can be continued in the next calendar year and what new programs may be added to our rich menu at St. James. With more hands we could expand St. James' Stewardship programs to include planned giving, end-of-life giving, time and talent pledges, and specific-project giving. Would you like to help?

#### **USHER TEAM**

William Purves wpurves@compuserve.com

The Ministry of the Usher is one of St. James "welcoming ministries". We take the time to notice and welcome the stranger and friend alike. We tend to the physical comforts of being the church together. We tend to the emotional need we all have to feel welcome. We tend to the spiritual awareness that we meet in a holy place at a holy moment. We tend to the choreography of elegant and respectful movement. We tend to the practical matters of caring for what has been entrusted to us. The St. James Ushers are a diverse group of parishioners who give of their time and talent about once a month to usher at the service time of their choice. There are others who make themselves available at times during the weekday or on a Saturday for special services, like memorials.

**VESTRY** 

Lisa Johnston / Ildiko Antal lmjohnston780@gmail.com/generalantal@gmail.com

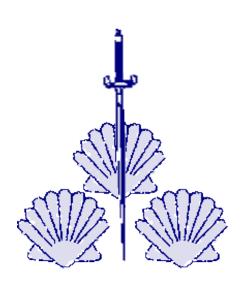
The Vestry is an elected body of fourteen members, which, with the Rector, makes decisions for the functioning of the church, the finances, the building and grounds, and helps shape long and short term plans for the parish.

WHITE ELEPHANT SALE

Lorraine Benton – lorraine17@sbcglobal.net Jeanne Cicchetto - jmcicchetto@gmail.com Laura Hargreaves – teatimeinca@gmail.com Sherry Seymour – sherryseymour43@gmail.com

The White Elephant Sale invites you to shop (and volunteer) with purpose! Our department store styled rummage sale is the oldest (91 years and counting) and largest mission outreach at St. James. All proceeds are donated to local and international charities. Volunteer opportunities abound in donations, set up, cashier, hospitality, security. The sale of late has been held all over the St. James campus. Itself.

YOUTH MINISTRIES (see Children & Youth Ministries)







### connect.grow.serve



### St. James by-the-Sea Episcopal Church

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